

Quick Notes

- Sessions will be a coach led guided demonstration, followed by individual activities, skills and drills.
- Sessions are approved by the DSM Parks Department, laws, permits and rules are governed by the DSM Parks department.
- Inclement weather (lightning or other) will result in a delayed or canceled session and a prorated amount will be considered and/or issued. DSM Parks department and staff have approval to decide if the weather deems a session unplayable.
- In the event of inclement weather, it is the responsibility of the parent or guardian to provide safety from storm, (shelter, car or other) not the Coach.
- Player interactions are restricted and players coming in contact with one another is at the risk of participant and the parent or guardian.
- No athletic trainer is on-site, a first aid kit is accessible. In the event of an emergency, a responding Coaching staff member will wear a facemask and gloves to attend to player.
- Picking up your player at the end of the session is the responsibility of the parent or guardian.
- Due to the limited number of participants attending sessions, reimbursements for missed sessions will be considered on a case by case basis.
- No one should attend or participate in sessions if they currently have symptoms or have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days.
- Parents must remain at an appropriate distance during sessions (10 yards from action) or further.
- Players must bring their own water/beverage to consume during practice. No shared drinking fountains, portable hydration stations, or coolers will be used.
- Players and coaches should check their temperatures prior to attending sessions.
- Anyone with symptoms of illness is not allowed to practice.

Parents and Players Responsibility

- Maintain physical distance of 6 feet
- No handshakes, hugs, high fives, fist or elbow bumps, or any other deliberate contact
- No sharing water bottles or other equipment (Coaches will handle equipment)
- Regularly monitor/take temperature and stay home if they have symptoms or fever
- If have a known exposure to Covid-19, or show any signs/symptoms **DO NOT** return to training for 14 days
- Bring hand sanitizer to training sessions & use often
- Optional but you can wear a mask when arriving to and leaving field (not mandatory to be worn during activity)
- Parents can remain in vehicles during training; if choose to be outside vehicle, stay away from field and maintain 6 feet of physical distancing from other parents
- Parents please monitor participant for signs/symptoms of Covid-19, including regular temperature checks prior to training