

# BULLDOG SOCCER ACADEMY – ELITE GIRLS ACADEMY INFORMATION

## **July 10-13 Daily Schedule:**

9am	Check In – Drake Stadium (Monday's check-in will be from 8:45-9am)
9-9:30am	Camp Warm Up
9:30-10:15am	Technical Training
10:15-10:25am	Popsicle Break
10:25-11:20am	Competitions/Small-Sided Tournaments (1v1, 2v2, 3v3)
11:30am	Half Day Camp Ends – Pick up at Fieldhouse
11:30 – 12:45pm	Lunch (provided by camp), Video
1pm	Swimming
2pm	Games (6v6/8v8)
3pm	Soccer Olympics
4pm	Camp Ends – Pick up at Fieldhouse

\*Schedule is tentative, and subject to change.

## **What to Bring to Camp:**

### **Half Day campers:**

Soccer Cleats  
Indoor shoes (tennis shoes)  
Shin guards  
Water bottle  
Soccer ball

### **Additional items for Full Day campers:**

Swimsuit and towel  
Plastic bag for wet swimsuit  
Additional clothing/sunscreen for after swimming

- Campers may wish to bring some spending money, as we will have drinks and snacks available.
- Please do not bring valuables and electronics (ipods/video games). Campers will be asked to turn off cell phones and leave them in their bags during camp.
- If there is lightning or a heat advisory we will move camp indoors, so please bring cleats and indoor shoes each day.
- To ensure a good camp experience for everyone, campers are expected to be respectful of other campers, staff and facilities. The camp staff will address the camper on the first incident; however a second incident will include a conversation with a parent, and after the third incident we will ask the camper not to return to camp. Please have a conversation with your child about what is appropriate behavior!
- Tuesday will be ***Wear Your Favorite Jersey Day!*** Thursday will be ***Wear Your Camp T-shirt Day!***
- Check our Facebook/Twitter accounts (Bulldog Soccer Academy) for updates/pictures throughout camp!

## **Dropping Off and Picking Up Your Camper:**

Drop off will be held at the stadium entrance if the weather is good. This will be located on the corner of 27<sup>th</sup> Street and Clark Street. Temporary parking is allowed in Lot 4, which is across from the softball field on 27<sup>th</sup> Street. In the event of poor weather drop-off and pick-up are located at Drake's Fieldhouse on 27<sup>th</sup> Street.

## **Picking Up Your Camper:**

We have strict guidelines for camper pick-up. We will collect a list of adults that are approved to pick-up each camper and will only release campers to those that are on this list. These individuals will need to sign their camper out each day and show a photo ID.

## **Directions to Camp:**

**From the West:** Take I-235 East to the 31<sup>st</sup> Street Exit. Turn left on 31<sup>st</sup> Street (crossing back over I-235). Turn right on Forest Avenue (at the McDonalds). Turn left on 27<sup>th</sup> Street.

**From the East:** Take I-235 West to the 19<sup>th</sup> Street Exit. Turn right on 19<sup>th</sup> Street (one way). Turn left on Forest. Turn right on 27<sup>th</sup> Street.

## Directions to the Drake Campus

### From the East and North

At the northeast edge of Des Moines, I-80 and I-35 join and go west around the city while I-235 goes through Des Moines. Take I-235 west for about six miles to the 31st Street exit, which is past the downtown area. You will see a sign that says "Exit 6, Drake University." Exit I-235 at the 31st Street exit and turn right (north). Travel approximately six blocks on 31st Street to the stop light at University Avenue. At University Avenue, turn right and go one block and you will see the Olmsted Center parking lot (#50) on the left (north) side of University. Reserved parking for admission visitors is located on the south side of the lot. The Office of Admission (#15) is located one block east of the Olmsted Center parking lot.

### From the West and South

At the southwest edge of Des Moines, I-80 and I-35 join and go east around the city while I-235 goes through Des Moines. Take I-235 east to the 31st Street exit in Des Moines. Be sure you have passed the 63rd Street exit. Exit at 31st Street and turn left (north). Travel approximately six blocks on 31st Street to the stop light at University Avenue. At University Avenue, turn right and go one block and you will see the Olmsted Center parking lot (#50) on the left (north) side of University. Reserved parking for admission visitors is located on the south side of the lot. The Office of Admission (#15) is located one block east of the Olmsted Center parking lot.

## Campus Key

- 1 Aliber Hall
- 2 American Republic Health Center
- 3 Anderson Gallery
- 4 Athletic Marketing/Facility Services Offices
- 5 Bell Center
- 6 Black Cultural Center
- 7 Branson Plaza
- 8 Buel Field
- 9 Career Center
- 10 Carnegie Hall
- 11 Carpenter Residence Hall
- 12 Cartwright Hall
- 13 Center for Special Education
- 14 Cline Hall of Pharmacy and Science
- 15 Cole Hall, Office of Admission
- 16 Cowles Library
- 17 Crawford Residence Hall
- 18 Dial Center for Computer Sciences
- 19 Drake Stadium
- 20 Engineering
- 21 Fieldhouse
- 22 Fitch Hall
- 23 Fraternities/Sororities
- 24 Goodwin-Kirk Residence Hall
- 25 Harmon Fine Arts Center
- 26 Harvey Ingham Hall
- 27 Helmick Commons
- 28 Helmick Courtyard
- 29 Herriott Residence Hall
- 30 Hispanic Cultural Center
- 31 Howard Hall
- 32 Hubbell Dining Hall
- 33 Human Resources
- 34 Institute for Character Development
- 35 International Center
- 36 Intramural Fields
- 37 Jacobson Athletic Complex
- 38 Jewett Residence Hall
- 39 Kinne Alumni and Development Center
- 40 Knapp Center
- 41 Kragie Newell Agora
- 42 Lane Plaza
- 43 Medbury Hall
- 44 Meredith Hall
- 45 Morehouse Residence Hall
- 46 Newman Community/St. Catherine of Siena
- 47 Old Main
- 48 Olin Hall
- 49 Olmsted Center

- 50 Olmsted Center Parking Lot
- 51 Opperman Center, AJS
- 52 Opperman Hall and Law Library
- 53 Pioneer Greenhouse
- 54 Pomerantz Student Union
- 55 Principal Plaza
- 56 Quad Creek
- 57 Real Estate Office
- 58 Ross Residence Hall
- 59 ROTC
- 60 School of Education
- 61 Scott Chapel
- 62 Security
- 63 Sheslow Auditorium
- 64 Small Business Development Center
- 65 Smith Legal Clinic
- 66 Soccer Field
- 67 Stalnaker Residence Hall
- 68 Student Disability Services
- 69 Student Financial Planning
- 70 Studio Arts Hall
- 71 Tennis Center
- 72 Tennis Courts
- 73 United Campus Ministries
- 74 University Book Store
- 75 University Post Office/Print Shop
- 76 Wells Fargo Financial Reflecting Pool
- 77 Wifvat Plaza

**Drake**  
UNIVERSITY

